



HOLDFAST DOG CENTRE

BRIGHTON OVAL COMPLEX, STOPFORD ROAD HOVE

Ph: 8377 0737

Mob: 0405 559 150

www.holdfastdogcentre.com.au E-mail: info@holdfastdogcentre.com.au

NEWSLETTER AUGUST 2013

WORKING BEE:

On Sunday 14th July our working bee went ahead so that we could create a safer and more comfortable environment for everybody who uses the centre, be they biped or quadruped. 24 tonnes of sand and gravel were delivered the day before, despite the crowded car-park from football supporters. By 10am there were a number of volunteers already shifting sand to fill the sandpit and the potholes, which was done in about 1 hour. Many hands make light work. Many thanks helped out, including Randal, who moved anyone, and was still there at 5pm filling park with the remaining dolomite; Brett and lots of time behind the compactor, levelling Lorraine who arrived with Dora and appreciated morning tea; Pam arrived after departed and shifted many barrow loads of the rest of you including Doug, Ian, Yvonne, Anne, Sonya, Deidre, Paul, Claire, Isabella, Lycia, the club is most appreciative of your efforts, and taking the time out of your Sunday to come along and help us, whether shovelling and carting gravel, or raking and levelling, we couldn't have done it without you. The club would also like to recognise Daniel, Craig and the guys at Kennards Hire Glandore, for generously supplying wheelbarrows, shovels, and the plate compactor for the day at no charge. All the dogs seem to love their new sandpit where it's strictly standing room only.



to those who more gravel than holes in the car-Simon both spent as best they could; arranged a much most had dolomite; and for Denise, Robyn, Clinton, Alan and



Here's a fun idea for those of you who enjoy cooking and like to spoil your pampered pooch!



Marvellous Muttloaf

This wholesome muttloaf is full of delicious flavours. Your pup won't paws for thought over this meal.

Makes 8–10 portions

Preparation time: 25 minutes

Cooking time: 1–1½ minutes

150 g (5 oz) carrots, finely diced
125 g (4 oz) fresh or frozen peas
500 g (1 lb) minced beef
75 g (3 oz) fresh wholemeal breadcrumbs, made with wheat- and gluten-free bread
2 tablespoons tomato purée
15 g (½ oz) parsley, chopped
2 eggs, beaten
125 g (4 oz) low-fat Parmesan cheese, shaved
3 eggs, hard-boiled and shelled

- 1 Steam the carrots and peas until just tender and set aside to cool. Mix the minced beef with the breadcrumbs, tomato purée, parsley and beaten eggs until well combined. Stir in the carrots and peas.
- 2 Roll the mixture into a ball and divide in half. Place half of the mixture in the base of a greased 1-kg (2-lb) loaf tin, pressing firmly down into the corners. Make a slight dip along the the centre.
- 3 Sprinkle with the shaved Parmesan, then place the boiled eggs in a row down the centre of the tin. Place the remaining mixture on top and press firmly around the sides and on top to completely cover the eggs.
- 4 Cover with foil and bake on the middle shelf of a preheated oven, 180°C (350°F), Gas Mark 4, for 1–1½ hours. Turn out on to a plate and leave to cool. Cut into slices, sprinkle with chopped parsley and serve. Store any leftover muttloaf in the refrigerator for up to a week.



Tips'n'Tails

Carrots are a great source of vitamin C, benefiting your

dog's vision, his heart, skin and lungs. They are also rich in beta-carotene, which helps protect against cancer.

If any of you have and would like to share any other recipe ideas that our canine friends would enjoy, then let us know about it through email or Facebook, via our website.



From the editor :

In February of this year after several disappointments attempting to adopt and offer a furever home to a dog that needed one, I found a breeder and staked my claim to a very cute 3 week old male Border Collie pup, and I named him "Hagen". The name "Hagen" I derived from "Copenhagen" (not the ice-cream) which is an old Irish boys name meaning "Lord of the Pasture". I visited my new friend once a week and at 8 weeks old in March I brought my little bundle of fur home to start a new life for both of us. Having had previous contact with HDC through friends that I dog-sit for when I dropped them off for day care, I paid a visit with Hagen to see Karyn, and to see about puppy pre-school classes. Karyn greeted Hagen with glee and snuggled him close, immersing herself in the pleasure of young puppy breath. I felt very welcomed and comfortable, and thought I might be onto something good at HDC. A few weeks later we joined HDC and began puppy classes, where we both learned valuable lessons and tools, and had a lot of fun participating and socializing. We also took the opportunity to visit on Friday open days, where I found all the staff only too willing to answer my questions and offer advice, which we lapped up. Over the weeks I developed a true respect and fondness for the club and all the fine ladies who work there. Hagen and I took all we had learnt at HDC and applied that knowledge every day to where our training became a normal part of life and a lot of fun. It seems Hagen is a quick study, and it wasn't long before he could perform a number of "tricks" and behave with proper puppy manners. In May we began basic obedience, which Hagen performed exceptionally at, and seemed to suitably impress Karyn, our trainer. After our 3rd class, I was surprised when asked if I would accept a nomination to sit on the committee at HDC. Deeply honoured, I accepted, and here I am taking on the challenge of entertaining you all as editor of this newsletter. Hagen and HDC have, and continue to change my life in amazing ways. I have enjoyed the dog community so much that I have chosen a new path and have enrolled at TAFE, taking on Certificate II in Animal Studies which has just commenced, and I look forward to furthering my knowledge and skills. With a qualification and more experience I hope to find a career involved with dogs, and who knows down the track maybe even a dog trainer. I have witnessed, and am testament to the awesome power of positive reinforcement dog training, and am committed to sharing that power with those who wish to learn. I have already met many wonderful "dog" people at the club, and I hope to meet more of you, both 2 and 4 legged to share the stories and joy, which it is to share our lives with a dog.

Cheers!

Simon Mills



PRESIDENT'S CORNER

Isn't it wonderful!! A year ago our staff were surviving in the "Nomad's tent" and uncertain about whether we would be moved to another location. Today we have a new clubhouse and a feel of permanence. Our thanks to Holdfast Councillors and to the council staff members who helped make it all happen.

My thanks to Karyn and her team for continuing to function in a less-than-ideal environment.

I am pleased to welcome two new committee members – Claire Cannell and Simon Mills. They are showing great promise and I'm sure they will bring new ideas and enthusiasm to an already great committee.

I see member's turning out to training classes in spite of the wintry weather. This is the kind of commitment we like to see and shows that their priorities are right. Mind you, it will be nice to see more warm days.

A final comment from me – remember that when you take your dog on the street, to the beach or to a dog park, you are an ambassador for our club and you should make sure your dog is under effective control at all times. We expect you to set the example – pick up after your dog – do not let your dog harass people (especially children) or other dogs. Apply the positive training you learn in class – do not be harsh with your dog. Talk to your instructor if you are having any problems with any of this.

INTERNET SITES OF INTEREST

DOG RESCUE GROUPS

Looking for a new friend? Speak to us too, we are often looking for a great new home for a dog that we know.

www.sadogrescue.com
www.rspcasa.asn.au/ or
www.adoptapet.com.au
www.awlsa.com.au

FACEBOOK

Find "Holdfast Dog Centre" or "Karyn Molloy" on Facebook for clips, fun stuff and updates about dogs.

YOUTUBE

Search for KarynM to see doggy day care clips.

OTHER SITES

www.soe-bioremedies.com.au
www.rosehipvitalcanine.com.au/
www.apdt.com.au
www.lostpetfinders.com.au/pet-alert
<http://positively.com/>
<https://awards.stayz.com.au/finalists/pet-friendly>

Know a good site? – Let us know too!

Just a reminder that council dog registrations are due by the 31st August. Ensure your dog is registered, for your dog's protection and your peace of mind.

A heads up, that we'll be holding a Christmas party at the grounds on the 14th December at 1pm with BBQ – games – competitions and Santa. Keep it free if you can, we'd love to see you there!